

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: AQUABLA

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Smet Grégory HEADCOACH

Coaches: Massart Sébastien

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN Heat:4, starttime: 09:10

Heat: 4/4 Lane : 2 Athlete: LHOIR ELOÏSE				Q-time: 02:26:01
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	no time	no time	no time	no time
	no time			
				

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN Heat:4, starttime: 10:01

Heat: 4/8 Lane : 4 Athlete: LHOIR ELOÏSE				Q-time: 00:29:67
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M			
PB	no time			
	no time			
				

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN Heat:3, starttime: 10:46

Heat: 3/9 Lane : 8 Athlete: MANISE NAËLLE				Q-time: 01:01:18
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback: